

# ADAPTIVE SPECTRAL ANALYSIS OF REPLICATED NONSTATIONARY TIME SERIES

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# OVERVIEW

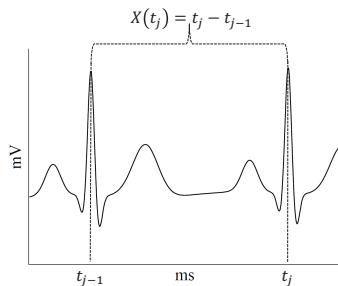
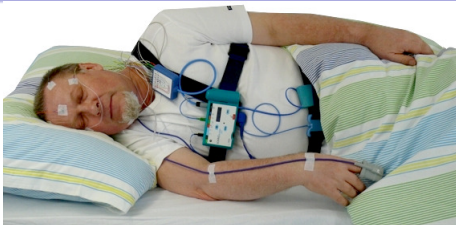
- 1 Motivating Application: AgeWise
- 2 Methodological Background
- 3 CABS: Conditional Adaptive Bayesian Spectral Analysis
- 4 Simulated Example
- 5 Analysis of AgeWise
- 6 Concluding Remarks

# AgeWise Study

**AgeWise Caregiver Study:** Study of older adults who are the primary caregiver for their spouse with dementia.

- 43% of older adults have problems sleeping.
- Poor sleep is connected to impaired daytime functioning & many negative clinical outcomes.
- $N = 30$  men and women aged 65–89.
- Two types of data:
  - 1 Self-report predictor:  
PSQI: Measure of self-reported sleep disturbances and effects on life during a one-month period.
  - 2 Polysomnography:  
Continuous recording of electrophysiological time series during sleep.

# PSG: Polysomnography

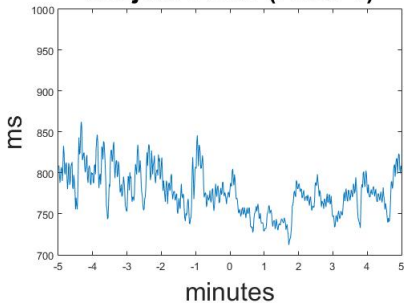


# HRV During Sleep

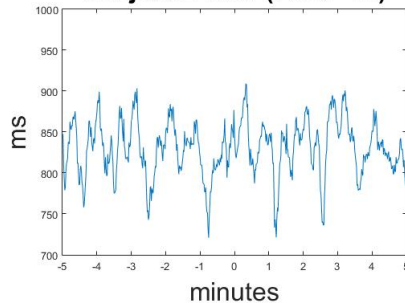
- **Heart rate variability (HRV)**: Elapsed time between consecutive heart beats.
  - **HFnu**: percent power from **high-frequencies** (.15-.40 Hz)
  - HFnu: measure of **parasympathetic nervous system** activity
  - HFnu: **inverse** measure of **stress** and arousal.
- Body cycles through different physiological states during sleep: **REM** and **NREM**.
  - Essential to **rejuvenation** of nervous, muscular, endocrine & skeletal systems.
  - Healthy people: **NREM** dominated by **parasympathetic** activity, REM is not.
- **Goal**: Understand how self-reported **sleep quality** (PSQI) predicts dynamics of **physiology** (HRV), which can inform treatment.

# DATA FROM TWO SUBJECTS

## Subject 1 HRV (PSQI=1)



## Subject 2 HRV (PSQI=11)



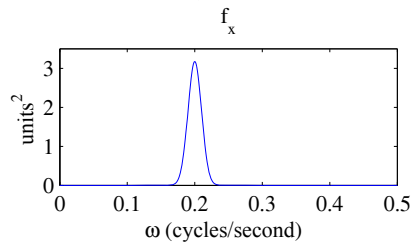
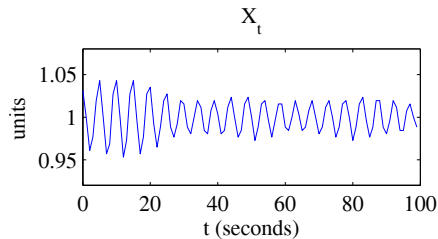
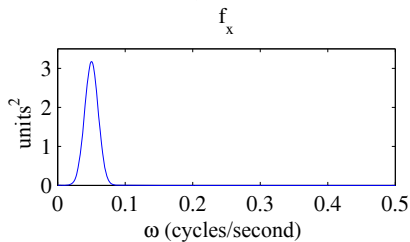
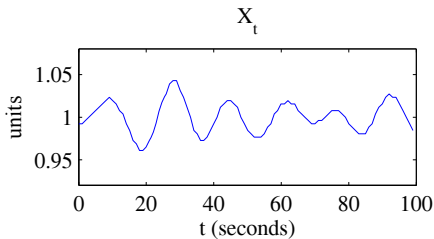
# Stationary Time Series

- Consider a **stationary** time series  $X_t$
- Cramér Representation:

$$X_t = \int_{-1/2}^{1/2} A(\nu) \exp(2\pi\nu t) dZ(\nu).$$

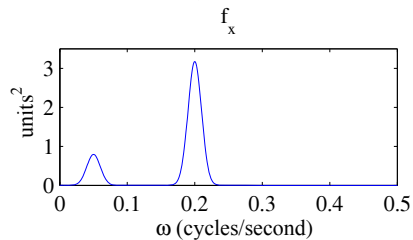
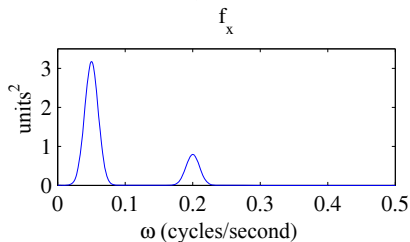
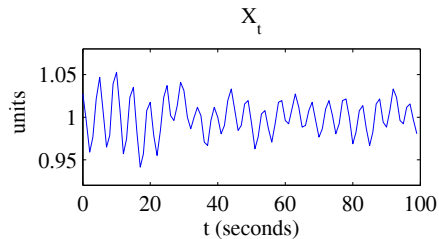
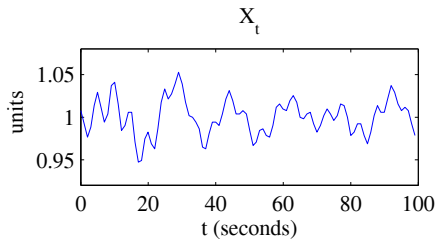
- Power spectrum:  $f(\nu) = |A(\nu)|^2$ .
- Type of frequency ANOVA
- Variability of  $X_t$  attributable to periodic signals at frequency  $\omega \in \mathbb{R}$ .
- $\text{var}(x_t) = \int_{-1/2}^{1/2} f(\omega) d\omega$

# TWO SIMULATED EXAMPLES





# TWO MORE SIMULATED EXAMPLES



# Periodogram

- Periodogram from  $\mathbf{X} = (X_1, \dots, X_T)'$ :

$$Y(\nu) = \frac{1}{T} \left| \sum_{t=1}^T X_t \exp(-2\pi i \nu t) \right|^2$$

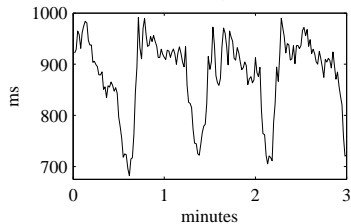
- Unbiased but noisy estimates of  $f(\nu)$ .
- Approximately distributed as scaled  $\chi^2$  to provide the Whittle likelihood:

$$p(\mathbf{x}|\mathbf{f}) \approx (2\pi)^{-n/2} \prod_{k=0}^n \exp \left\{ -\frac{1}{2} [\log f(\nu_k) + Y(\nu_k)/f(\nu_k)] \right\}$$

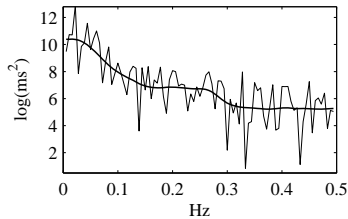
- $\nu_k = k/T, k = 1, \dots, n = \lfloor T/2 \rfloor$ .

# PERIDOGRAM EXAMPLES

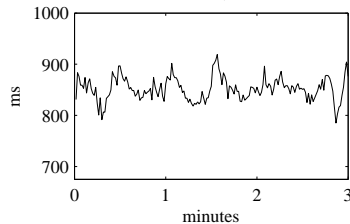
Subj 1  
HRV



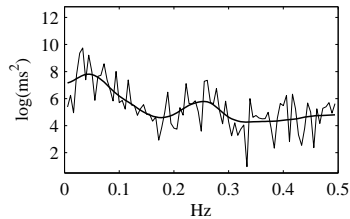
Log-Periodogram



Subj 2  
HRV



Log-Periodogram



# Smoothing

- Periodogram can be **smoothed** to obtain a **consistent** estimate.
- One approach - **Bayesian penalized linear spline**:

$$\log f(\nu) = \alpha + \sum_{k=1}^K \beta_k \cos(2\pi k\nu)$$

$$\beta = (\beta_1, \dots, \beta_n)' \sim N(0, \tau^2 D_\beta)$$

$$D_\beta = \text{diag} \left[ (2\pi 1)^{-2}, \dots, (2\pi K)^{-2} \right]$$

$$\tau \sim \text{half-t}$$

- Note:  $\int_{-1/2}^{1/2} \left\{ [\log f(\nu)]' \right\}^2 d\nu \sim \tau^2 \chi_K^2$

# Nonstationary Time Series

Time-varying Cramér Representation (Priestly 1969; Dahlhaus 1997)

$$X_t = \int_{-1/2}^{1/2} A(t/T, \nu) \exp(2\pi\nu t) dZ(\nu).$$

Time-Varying Power spectrum:  $f(u, \nu) = |A(u, \nu)|^2$ .

- Approaches to estimation:
  - Piecewise Stationary: Adak 1998, Ombao et al. 2003, Davis et al. 2006
  - Continuous: Dahlhaus 1997, Guo et al. 2003
  - Abrupt & Continuous: Yang et al. 2016, Rosen et al. 2012

# Replicated Nonstationary Time Series

- **In practice:** ad hoc.
- **In statistics literature:** very few methods for replicated nonstationary time series in conjunction with scalar predictors.
- Qin et al. 2009 and Fiecas & Ombao 2016
  - Continuous temporal changes and continuous predictor effects.
- **Goal:** Method that can capture both smooth and abrupt changes and conduct inference on predictor effect and dynamics.

# Conditional Locally Stationary Time Series

- Observe  $\{X_{\ell 1}, \dots, X_{\ell T}\}$  and  $w_\ell$  from  $\ell = 1, \dots, N$  subjects.

$$X_{\ell t} = \int_{-1/2}^{1/2} A(t/T, w_\ell, \nu) \exp(2\pi\nu t) dZ_\ell(\nu).$$

- Covariate-indexed time-varying spectrum

$$f(u, w, \nu) = |A(u, w, \nu)|^2.$$

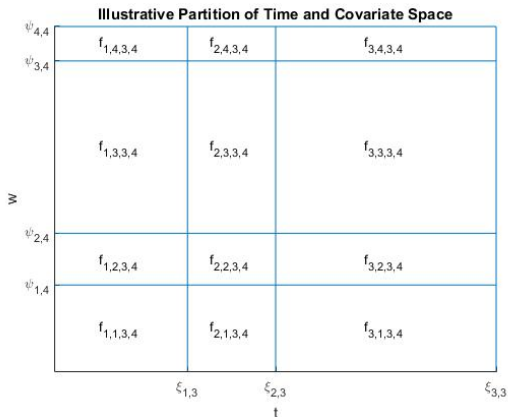
# Overview of Proposed Approach

- Adaptively partition predictor-time grid into random stationary blocks.
- Bayesian penalized spline for local spectra within blocks.
- Number and location of partitions are random and adaptively estimated from data.
- Reversible jump Markov chain and Hamiltonian Monte Carlo techniques to sample from posterior.
- Inference averaged over distribution of partitions.



# Partitioning

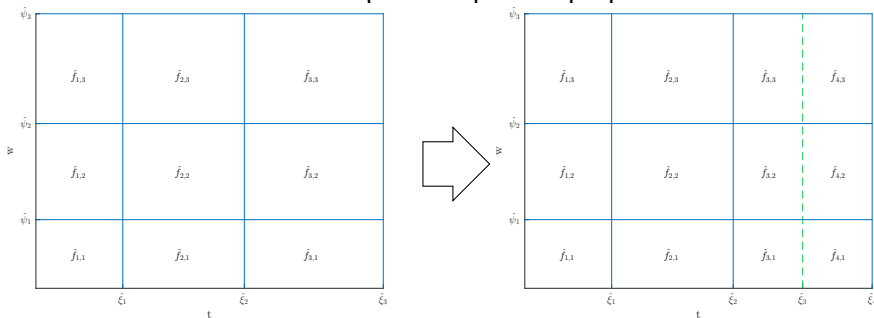
- $m$  time segments  
 $\xi_m = (\xi_{0,m}, \dots, \xi_{m,m})'$
- $p$  predictor segments  
 $\psi_p = (\psi_{0,p}, \dots, \psi_{p,p})'$
- $m$  and  $p$  have **uniform priors**
- $\xi_m$  and  $\psi_p$  have **uniform priors conditional on  $m$  and  $p$**



# Sampling Scheme

- Iterations consist of 2 types of moves:
  - Between-model** moves: the number of partition points changes.
  - Within-model moves: number of partitions is constant but location changes.

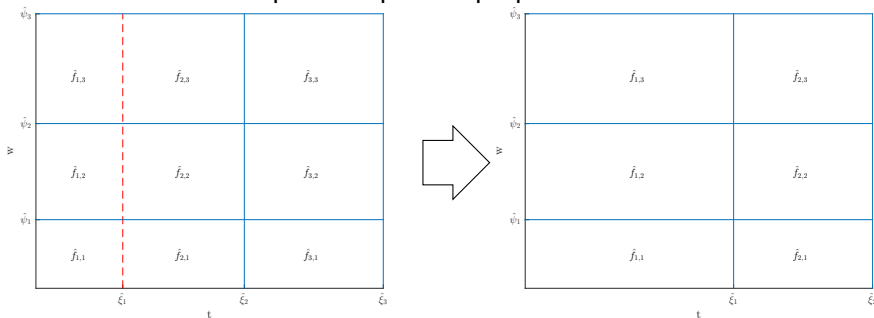
**Birth:** a new partition point is proposed.



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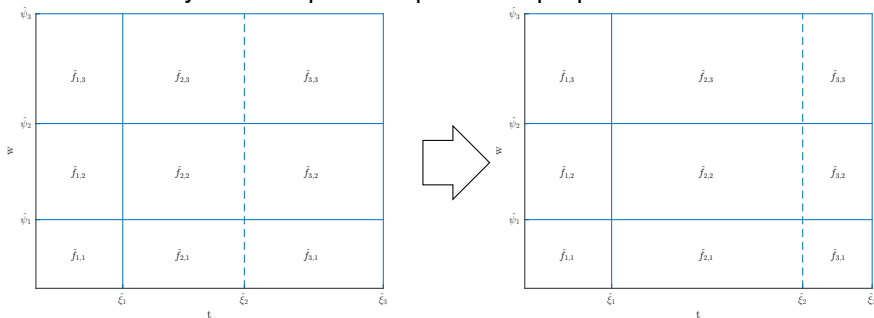
**Death:** a partition point is proposed for removal.



# Sampling Scheme

- Iterations consist of 2 types of moves:
  - Between-model moves: the number of partition points changes.
  - Within-model** moves: number of partitions is constant but location changes.

Randomly select a partition point and propose a new location.



# Sampling Scheme

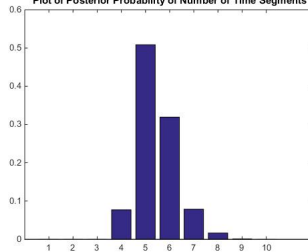
- Iterations consist of 2 types of moves:
  - ① Between-model moves: the number of partition points changes.
    - Birth: a new partition point is proposed.
    - Death: a partition point is proposed for removal.
  - ② Within-model moves: number of partitions is constant but location changes.
    - Randomly select a partition point and propose a new location.
- Affected spline **coefficients** and **smoothing parameters** are **drawn** after each move using Hamiltonian Monte Carlo.
- Move parameters are **jointly accepted** or **rejected**.
- For time segments, then for predictor.

# Simulated Smooth Example

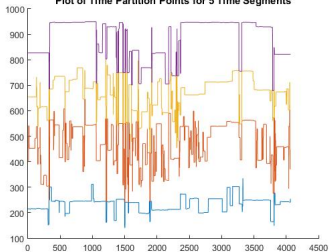
- $x_{\ell t} = \phi_{\ell t} x_{\ell t-1} + \epsilon_{\ell t}$
- $\phi_{\ell t} = \begin{cases} -0.5 + t/1000 & \text{for } 0 \leq w_{\ell} \leq 0.5 \\ -0.9 + 9t/5000 & \text{for } 0.5 < w_{\ell} \leq 1 \end{cases}$
- $\ell = 1, \dots, L = 8$  subjects
- $w_{\ell} = (\ell - 1)/(L - 1)$
- $\epsilon_{\ell t} \stackrel{\text{iid}}{\sim} N(0, 1)$ .

# TIME POINT POSTERIOR DISTRIBUTION

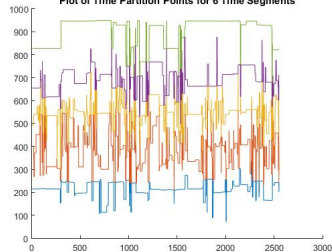
Plot of Posterior Probability of Number of Time Segments



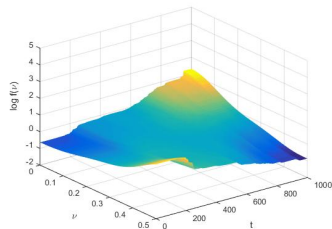
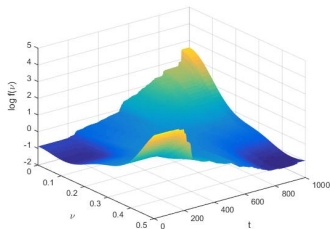
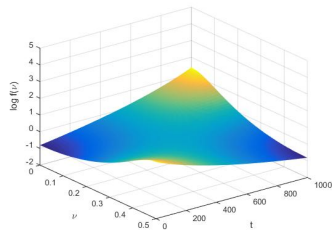
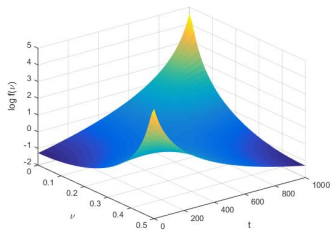
Plot of Time Partition Points for 5 Time Segments



Plot of Time Partition Points for 6 Time Segments



# ESTIMATED AND TRUE CONDITIONAL TIME-VARYING SPECTRA



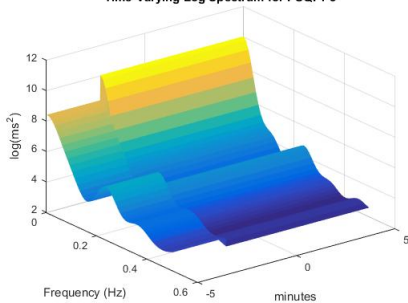


# AgeWise Analysis

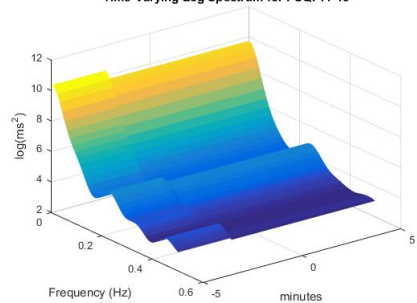
- Two clear temporal segments:
  - $\Pr(m = 2) = 99\%$
  - Change point 2.3 minutes before start of REM with  $\Pr(\xi_{1,2} = -2.3 \mid m = 2) = 98\%$ .
  - The heart leads the brain! (Jurysta et al., 2003)
- Four clear PSQI segments with probability 95%:
  - PSQI 1–3: excellent sleepers
  - PSQI 4–6: good sleepers
  - PSQI 7–10: fair sleeper
  - PSQI 11–13: poor sleepers

# EXTREME GROUPS

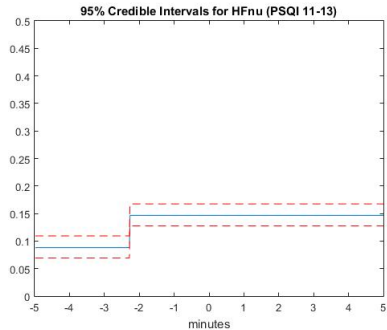
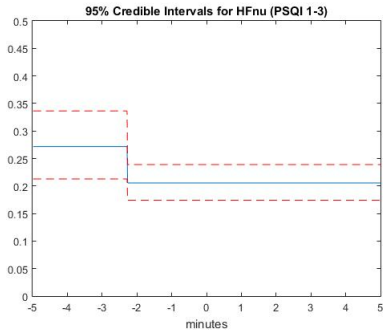
Time-Varying Log Spectrum for PSQI 1-3



Time-Varying Log Spectrum for PSQI 11-13



## HFNU



# CONCLUSION

- Discussed an approach to the automated **predictor-dependent time-frequency** analysis of replicated time series.
- Can capture **abrupt** and **smooth** changes.
- Can conduct **inference** on associations that accounts for partitioning.
- Paper in press and available on Biometrics' website.
- Matlab program on GitHub: [github.com/sbruce23/CABS](https://github.com/sbruce23/CABS)
- Current work:
  - How to deal with **multiple covariates**?
  - How to analyze **multivariate** time series?

THANK YOU!

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